

Best Practices in Mental Health Professionals Working with Persons with Aphasia

Select Journal Articles and Podcasts Resources

Counseling

This is a selection of journal articles and podcasts to support or build on the topics introduced during the training: Best Practices in Mental Health Professionals Working with Persons with Aphasia. It is not an exhaustive list of available resources. The links included are current as of March 2023. We would like to thank Ellen Bernstein-Ellis, M.A., CCC-SLP for contributing to this list. Other than our own work, we do not specifically endorse any of the organizations, facilities, programs, products or services listed.

Journal Articles/Books/Reports

- Alberta, A.J., & Wood, A. H. (2009). A practical skills model for effectively engaging clients in multicultural settings. *The Counseling Psychologist*, 37(4), 564-579. [10.1177/0011000008326231](https://doi.org/10.1177/0011000008326231)
- Baker, C., Worrall, L., Rose, M., Hudson, K., Ryan, B., & O'Byrne, L. (2018). A systematic review of rehabilitation interventions to prevent and treat depression in post-stroke aphasia. *Disability and Rehabilitation*, 40(16), 1870–1892. [10.1080/09638288.2017.1315181](https://doi.org/10.1080/09638288.2017.1315181)
- Bright, F. A., McCann, C. M., & Kayes, N. M. (2020). [Recalibrating hope: A longitudinal study of the experiences of people with aphasia after stroke](#). *Scandinavian Journal of Caring Sciences*, 34(2), 428-435. [10.1111/scs.12745](https://doi.org/10.1111/scs.12745) (Open Access Article)
- Doughty Horn, E.A., Crews, J.A., Guryan, B.A., & Katsilometes, B.M. (2016), Identifying and addressing grief and loss issues in a person with aphasia: A single-case study. *Journal of Counseling & Development*, 94, 225-233.
- Hunting Pompon, R. (2021). [Basic counseling skills: Working with people with aphasia and their families](#). *Perspectives of the ASHA Special Interest Groups*, 6(5), 1003-1014. [10.1044/2021_PERSP-20-00298](https://doi.org/10.1044/2021_PERSP-20-00298) (Open Access Article)
- Kneebone, I. (2016). [A framework to support cognitive behavior therapy for emotional disorder after stroke](#). *Cognitive and Behavioral Practice*, 23(1), 99-109. [10.1016/j.cbpra.2015.02.001](https://doi.org/10.1016/j.cbpra.2015.02.001) (Open Access Article)

Best Practices in Mental Health Professionals Working with Persons with Aphasia

Select Journal Articles and Podcasts Resources

- Laures-Gore, J. S., Dotson, V. M., & Belagaje, S. (2020). Depression in poststroke aphasia. *American Journal of Speech-Language Pathology*, 29(4), 1798-1810. [10.1044/2020_AJSLP-20-00040](https://doi.org/10.1044/2020_AJSLP-20-00040)
- Meredith, K.H., & Yeates, G.N. (2020). [*Psychotherapy and aphasia: Interventions for emotional wellbeing and relationships*](#) (Vol. 2). Routledge/Taylor & Francis Group.
- Northcott, S., Simpson, A., Thomas, S., Barnard, R., Burns, K., Hirani, S. P., & Hilari, K. (2021). [*“Now I am myself”: Exploring how people with poststroke aphasia experienced solution-focused brief therapy within the SOFIA trial.*](#) *Qualitative Health Research*, 31(11), 2041-2055. [10.1177/10497323211020290](https://doi.org/10.1177/10497323211020290)
- Sanberg, C. W., & Conyers, L. M. (2020). Extending the considering work model to persons with aphasia. *Rehabilitation Research. Policy, Education*, 34(3), 206-2019. [10.1891/RE-20-18](https://doi.org/10.1891/RE-20-18)
- Sandberg, C. W., Nadermann, K., Parker, L., Kubat, A. M., & Conyers, L. M. (2021). Counseling in aphasia: Information and strategies for speech-language pathologists. *American journal of speech-language pathology*, 30(6), 2337-2349. [10.1044/2021_AJSLP-20-00312](https://doi.org/10.1044/2021_AJSLP-20-00312)
- Santo Pietro, M.J., Marks, D.R., & Mullen, A. (2019). When words fail: Providing effective psychological treatment for depression in persons with aphasia. *Journal of Clinical Psychology in Medical Settings*, 26, 483–494. [10.1007/s10880-019-09608-4](https://doi.org/10.1007/s10880-019-09608-4)
- Sather, T. W., Howe, T., Nelson, N. W., & Lagerwey, M. (2017). Optimizing the experience of flow for adults with aphasia. *Topics in Language Disorders*, 37(1), 25-37. [10.1097/TLD.0000000000000111](https://doi.org/10.1097/TLD.0000000000000111)
- Simmons-Mackie, N., Damico, J. S., (2011). Counseling and aphasia treatment: Missed opportunities. *Topics in Language Disorders*, 31(4), 336-351. [10.1097/TLD.0b013e318234ea9f](https://doi.org/10.1097/TLD.0b013e318234ea9f)
- Stroke Association. (2013). [*Feeling overwhelmed: The emotional impact of stroke*](http://www.stroke.org.uk/feeling_overwhelmed_final_web.pdf) (Life After Stroke Campaign Report).
- Strong, K.A., & Randolph, J. (2020). How do you do talk therapy with someone who can't talk? Perspectives from mental health providers on delivering services to individuals with aphasia. *American Journal of Speech-Language Pathology*, 30(6), 2681-2692. [10.1044/2021_AJSLP-21-00040](https://doi.org/10.1044/2021_AJSLP-21-00040)

Best Practices in Mental Health Professionals Working with Persons with Aphasia

Select Journal Articles and Podcasts Resources

Aphasia Access Podcasts

[#34 In Conversation with Ian Kneebone](#)

Professor Ian Kneebone discusses mental health concerns among individuals with aphasia and the role of various professionals in the stepped model of care.

[#64 Solution Focused Brief Therapy: A Counseling Approach for SLPs: In Conversation with Sarah Northcott](#)

Dr. Sarah Northcott discusses her Solution Focused brief therapy In post-stroke Aphasia (SOFIA) feasibility trial and the SUPERB Trial, investigating peer befriending for people with aphasia. Additional information and resources are available on the [SOFIA trial website](#).

[#67 Considering Depression in People Who Have Aphasia and Their Care Partners: In Conversation with Rebecca Hunting Pompon](#)

Dr. Rebecca Hunting Pompon discusses depression, the effect it can have on people with aphasia and their care partners, and how speech-language pathologists can recognize and address depression during aphasia rehabilitation.

Ongoing Projects

[Adapting acceptance and mindfulness-based behavior therapy for stroke survivors with aphasia to improve communication success, post-stroke adaptation, and quality of life](#)

NIH Funded project by principal investigator William Evans - University of Pittsburgh