

Identity Theft: Rediscovering Ourselves After Stroke

By Debra E. Meyerson, PhD with Danny Zuckerman

Chapter 15: Dealing with Financial Strain

1. Debra writes, “Almost every stroke survivor I’ve met has stories about how life is changing because of financial pressure, from minor to dramatic.” (p. 178)
 - a. What impact did your survivor’s stroke have on your family’s financial future?
 - b. In addition to career and income impacts, how challenging has it been to navigate the financial aspects of stroke recovery?
 - c. Do you feel that there are potential paths to recovery and therapy that are inaccessible to your survivor due to financial or logistical reasons?
 - d. Have you explored public or private forms of financial assistance or considered avenues like clinical trials that may help?
 - e. If you’re still experiencing financial hardship, are there additional steps you can take to find resources and support?
 - f. Has your survivor inquired about the specifics of any financial burdens on you?
 - g. Have you discussed any hardships with your survivor?
 - i. If so, were you candid in your response?

2. Debra shares that stroke survivor Randy’s wife felt, “their plans [for the future] were stolen.” (p. 181)
 - a. Do her sentiments resonate with you?
 - i. If so, how do you feel your future has changed?
 - b. How difficult has it been to come to terms with this new reality for the future?