

***Identity Theft: Rediscovering Ourselves After Stroke***  
**By Debra E. Meyerson, PhD with Danny Zuckerman**

**Chapter 14: Careers and Callings**

1. Debra writes about how important work and her career were to her identity. (p. 164). If work is still a part of your and your survivor's lives,
  - a. How has your survivor's stroke and your carepartner role impacted your ability to work?
  - b. How do you feel about any career changes you have chosen or been forced to make?
  - c. How has your identity been impacted due to these work changes?
  - d. How has your survivor's stroke impacted their ability to work?
  - e. If your survivor was unable to return to work, how challenging has it been to incorporate this change into their identity?
  - f. If in a committed relationship, how have your and/or your survivor's work changes impacted your life together?
    - i. Are you able to identify both benefits and costs?
  
2. Debra writes that she, "felt that teaching was akin to a calling, and that is perhaps the loss I continue to struggle with most." (p. 172)
  - a. How would you describe your professional identity before your survivor's stroke?
    - i. Has that identity or its importance to you changed?
  - b. What other ways can you honor or express the values fulfilled by your career in your life? For example, if you needed to reduce your commitment to a career you enjoyed, are there other ways that you can create a similar sense of purpose?