

## ***Identity Theft: Rediscovering Ourselves After Stroke***

**By Debra E. Meyerson, PhD with Danny Zuckerman**

### **Appendix 1**

- 1.** Debra writes that the people she interviewed for *Identity Theft* are “all incredible people who are on heroic journeys,” and says that, like her, you “may see bits and pieces of yourself or your loved ones in many of them.” (p. 236)
  - a.** What impact did including stories from other survivors, their families, and the practitioners who helped them have on you?
  - b.** Did reading about recovery from different perspectives change your own perspective on anything?
    - i.** If so, what?
  - c.** Will reading about these different perspectives impact the way you provide care?
  - d.** Think of other carepartners profiled in the book. Who do you relate to most and why?