

Identity Theft: Rediscovering Ourselves After Stroke

FACILITATOR REFERENCES AND RESOURCES

NOTES

- This is just an introductory, small set of resources created for student clinicians at BU and CSUEB. ***It is not deemed a comprehensive list by any means.***
- There are consumer resources for book club members at the end of the list.
- Please also see the wealth of references included in the book notes at the end of ***Identity Theft.***
- If you would like to suggest additional documents or resources for inclusion, please be sure to let us know in your feedback.

IDENTITY

Facilitator Starting Resources

Hinckley, J. J. (2015). Telling the story of stroke when it's hard to talk. *Topics in Language Disorders, 35*(3), 258-266.

Shadden, B. B. (2008). Life Stories in Aphasia In: *Neurogenic communication disorders: Life stories and the narrative self*. Edited by Shadden, B. B., Hagstrom, F., & Koski, P. R. San Diego, CA: Plural. 2008. pp. 137-174.

Strong, K. A., & Shadden, B. B. (2020). The Power of Story in Identity Renegotiation: Clinical Approaches to Supporting Persons Living With Aphasia. *Perspectives of the ASHA Special Interest Groups, 5*(2), 371-383.

Strong, K. & Shadden, B. (Host & Guest). (2017) In Conversation with Barbara Shadden (No. 5.) [Audio podcast episode]. In *Aphasia Access Aphasia Conversations*. Resonate. <https://www.aphasiaaccess.org/podcasts/>

Facilitator Additional Resources

Clarke, P., & Black, S. E. (2005). Quality of life following stroke: negotiating disability, identity, and resources. *Journal of Applied Gerontology, 24*(4), 319-336.

Shadden, B. (2005). Aphasia as identity theft: Theory and practice. *Aphasiology, 19*(3-5), 211-223.

Shadden, B. B. (2008). Clinical Practices and the Narrative Self In: *Neurogenic communication disorders: Life stories and the narrative self*. Edited by Shadden, B. B., Hagstrom, F., & Koski, P. R. San Diego, CA: Plural. 2008. pp. 1-15

Shadden, B. B. (2008). Narrative Processes. In: *Neurogenic communication disorders: Life stories and the narrative self*. Edited by Shadden, B. B., Hagstrom, F., & Koski, P. R. San Diego, CA: Plural. 2008. pp. 47-62.

Shadden, B. B. (2008). Life Stories in Aphasia In: *Neurogenic communication disorders: Life stories and the narrative self*. Edited by Shadden, B. B., Hagstrom, F., & Koski, P. R. San Diego, CA: Plural. 2008. pp. 137-174.

Strong, K. A., Lagerwey, M. D., & Shadden, B. B. (2018). More than a story: My life came back to life. *American journal of speech-language pathology*, 27(1S), 464-476.

COUNSELING

Facilitator Starting Resources

Respectful Listening Counseling Training for SLPs by Andrews and Andrews

This is an excellent series of short audio webinars that offer training from a Family Systems approach; The first 2 audio lessons address active listening skills. This is a helpful resource for building counseling skills relevant to both adult and pediatric clients.

<http://web.pdx.edu/~cgfl/Session1.html>

Simmons-Mackie, N., & Damico, J. S. (2011). Counseling and aphasia treatment: Missed opportunities. *Topics in Language Disorders*, 31(4), 336-351.

Facilitator Additional Resources

Glista, S. (2006). Educating and supporting individuals with aphasia and their families. *Perspectives on Neurophysiology and Neurogenic Speech and Language Disorders*, 16(4), 25-31.

Ryan, B., Worrall, L., Sekhon, J., Baker, C., Carragher, M., Bohan, J., ... & Kneebone, I. (2019). Time to step up: A call for the speech pathology¹ profession to utilise stepped psychological care for people with aphasia post stroke. In *Psychotherapy and Aphasia* (pp. 1-16). Routledge.

Hoepner, J. & Northcott, S. (Host & Guest) Episode #64: Solution Focused Brief Therapy: A Counseling Approach For SLPs: In Conversation with Sarah Northcott (No. 64) [Audio podcast episode]. In *Aphasia Access Aphasia Conversations*. Resonate. <https://www.aphasiaaccess.org/podcasts/>

Lafferty, M. & Kerr, J. (2017) Issues Related to Anxiety and Depression in Persons with Aphasia: Foundational Information for the Speech-Language Pathologist. *LOGOS: A Journal of Undergraduate Research*, 10.

<http://web.b.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=0&sid=6cba4868-d80b-4b4b-b2de-cac552346a7e%40pdc-v-sessmgr01>

Santo Pietro, M. J., Marks, D. R., & Mullen, A. (2019). When words fail: Providing effective psychological treatment for depression in persons with aphasia. *Journal of clinical psychology in medical settings*, 26(4), 483-494.

Sather, T. W., Howe, T., Nelson, N. W., & Lagerwey, M. (2017). Optimizing the experience of flow for adults with aphasia. *Topics in Language Disorders*, 37(1), 25-37.

COMMUNICATION PARTNER TRAINING

Communicating With Those Who Know More than They Can Say: Introduction to Supported Conversation for Adults with Aphasia (SCA) from the Aphasia Institute of Toronto. The following link is to a self-training module that includes a PPT and training videos. This is highly recommended for all student clinicians and is considered part of the core training for group facilitation.

<https://www.aphasia.ca/communityhub/>

Additional training videos are available on the Aphasia Access website:
Life Participation Approach to Aphasia In Action (5-6 minutes each)

- *Adjust your Talking*
- *Using Gestures and Body Language*
- *Using Writing and Graphics*

<https://www.aphasiaaccess.org/videos/>

RELATIONSHIPS/SEXUALITY/INTIMACY

Facilitator Resources

Emma Power & Brooke Ryan: Difficult conversations: How Can We Break the Silence on Mood and Sexuality/Intimacy Presented at Aphasia Access Teach-In, June 2020.

<https://vimeo.com/440080603>

McGrath, M., Lever, S., McCluskey, A., & Power, E. (2019). How is sexuality after stroke experienced by stroke survivors and partners of stroke survivors? A systematic review of qualitative studies. *Clinical rehabilitation*, 33(2), 293-303.

https://drive.google.com/file/d/1x_2ABSJiP4Oqf_2cv3aVBsYO3zfnfNtGK/view?usp=sharing

La Trobe University SOX manual: Interdisciplinary Approach to Management of Post-stroke Sexuality

See page 17 for a very thoughtful outline of the SLP's role.

<https://www.opalinstitute.org/uploads/1/5/3/9/15399992/soxinterdisciplinarypracticeguide.pdf>

Stroke Survivor and Care Partner Resources

- You may opt to provide links in your post-session email following chapter on Relationships and Intimacy.
- Caveat: These resources primarily address post-stroke sexuality for heterosexual couples; If you identify resources for homosexual, lesbian and other partners, please send us the link so we can expand the list.

Relationships Post-stroke by Stroke.org

United Kingdom (UK) organization; Nice overview of relationship dynamics

https://www.stroke.org.nz/sites/default/files/inline-files/8034_LAS_Sect3%20Relationships.pdf

Resuming Intimacy from Psychology Today magazine

<https://www.psychologytoday.com/nz/blog/stroke-awareness/202009/resuming-intimacy-after-stroke>

Sexual Intimacy after Stroke from the AphasiaCorner.com

<http://aphasiacorner.com/blog/experts-talk/sexual-intimacy-after-a-stroke-1258>

Sex after Stroke from DifferentStrokes.org

UK organization; includes links to more information at end of article

<https://differentstrokes.co.uk/blog/sex-after-stroke-couple-advice/>

Sex after Stroke from Stroke.org

UK organization; covers many specific topics and offers resources at the end of the article, although many may be UK based.

https://www.stroke.org.uk/sites/default/files/sex_after_stroke.pdf